Michaelmas Term 2019 Menus

Week 2 (w/c: 09/09, 30/09, (21/10), 11/11 and 02/12)

Name: **Form:**

MONDAY – Week 2	CHOICE
Meat Free Monday – vegetarian chilli served with nachos, and a selection of toppings	
Three Cheese Pizza – a deep pan pizza topped with a homemade tomato sauce and cheese mix	
Jacket Potato – served with a choice of tuna, baked beans, cheese or ham	
TUESDAY – Week 2	
Beef Lasagne – tender beef and vegetable lasagne topped with a rich cheese sauce, served with garlic bread and salad	
Vegetable Cous Cous – roasted vegetable couscous and chickpeas cooked with Moroccan spices with a feta cheese and mint dip	
Jacket Potato – served with a choice of tuna, baked beans, cheese or ham	
WEDNESDAY – Week 2	
Roast Chicken – herb roasted chicken served with gravy, sage and onion stuffing, roast potatoes and baby carrots	
Vegetable Cobbler – a pie packed with creamy seasonal vegetables and homemade savoury scones	
Jacket Potato – served with a choice of tuna, baked beans, cheese or ham	
THURSDAY – Week 2	
Sweet & Sour Pork – tender pork loin served in a tangy fruit sauce served with steamed rice, vegetables and prawn crackers	
Pasta Pomodoro – penne pasta baked in a slow cooked tomato and herb ragu, served with parmesan, garlic bread and salad	
Jacket Potato – served with a choice of tuna, baked beans, cheese or ham	
FRIDAY – Week 2	
Traditional Fish & Chips – served with chunky chips and garden peas	
Vegetable Burger – golden baked breaded vegetable burger served in a soft bun with salad and chunky chips	
Jacket Potato – served with a choice of tuna, baked beans, cheese or ham	
EVERY DAY – Week 2	
Salad Bar – a selection of freshly made seasonal salads, available every day	
Deserts – a choice of cakes, desserts, jelly, yogurt, fresh fruit platter and whole fruits Wednesday is Fruity Wednesday – a lunch without cakes!	